

Classic Disney Bingo

When you hit a square with an exercise, do it for 5 seconds

Pull Cards



Jump



Skip in Place



Hop on Left Foot



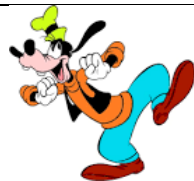
Dance



Pretend to Be
in a Sword
Fight



Jumping Jacks



Hop on Right
Foot



Gallup



Stretch



Run in Place



Pretend to be a
Monkey



Hop from One
Foot to the
Other



Curtsy or Bow



Stomp Your Feet



High Knees